











## **VST Head Coach Job Description**

The Vancouver Ski Team (VST) is looking for a new FIS Head Coach.

VST is a FIS program that supports athletes from 5 ski clubs from the Coast Zone (Grouse Tyee, Cypress, Mt. Seymour, Sasquatch and Mt. Washington) by offering 2 streams, Core and Extended, in which athletes can develop at their own pace and according to their own needs, goals, academic requirements and finances. The team is designed for racers ages 16+ who are interested in developing their fitness, skiing, racing and mental preparedness, along with their overall growth as a person. It caters to athletes with aspirations of qualifying for the BC Ski Team, moving on to race for a university team and anyone who wants to be the best skier they can be. The program continues to focus on improving, learning and reinforcing the FUNdamentals learned at the U16 level; however, it now encourages the athletes to be more independent and accountable about what they do to realise their goals. On and off the hill, the individuals' well being and personal growth are at the core of this program.

## Example of someone we love in this position:

Mr/Mrs. Coach, a 28-year-old coach who has been with VST for three years. S/he lives between Vancouver's north shore in the summer and mostly on the road hopping between BC and AB's ski resorts in the winter. Her/his days are flexible; race days can be long and tough with early mornings and late nights, but rest days can be short and relaxed with the opportunity of sharing fun activities or working out with the team.

S/he works mostly independently, but collaborates with a group of like-minded people who coach other Fis teams in Western Canada, and they tend to hang out both inside and outside of work hours. S/he's also part of a tight-knit group of coaches from the local ski club that manages VST, and with whom s/he reports weekly to their Program director, but they also spend time together enjoying the outdoors mountain biking, hiking or trying fun team building activities.

Race season is long and intense, and Mr/Mrs. Coach spends a lot of time on the hill for training and racing and is also asked to organise logistics for the team, including lodging, transportation and lane space as well as stay on top of some admin work. On the other hand, s/he's got a lot more free time in the off season with a whole month off for holidays while taking care of fitness training the rest of the summer alongside VST's Strength & conditioning coach.

In the last three years, besides visiting every corner of Western Canada, Mr/Mrs. Coach travelled to Europe, South America and the USA, and when time allowed s/he was able to extend the work trips to include some personal pursuits. Work for her/him is dynamic, somewhat repetitive in the daily motions but kept exciting by the challenges of figuring out the athletes' athletic development and seeing them progress in front of her/his eyes as they grow into better athletes and young adults.

Mr/Mrs. Coach checks in with her/his supervisor almost every day and they also meet regularly every two weeks for a more in-depth, formally informal debrief and planning conversation. S/he appreciates the respectful working relationship they developed because it allows her/him the freedom to create her/his own athletic program, foster the team culture s/he envisions and lead VST as her/his own program. Although s/he is expected to deliver on the team's and athletes' objectives, s/he is also expected to have personal and professional goals that s/he can work towards with the manager's support.



Mr/Mrs. Coach likes the outdoors and lives an active lifestyle that s/he values sharing with her/his peers. If s/he's not trail running on the north shore mountains, s/he can be found smashing on the pickleball court. Her/his favourite moment with VST was last summer's camp in Mammoth Mountain because it was a new place to explore in beautiful California, which offered a mix of skiing and summer fun without having to load the lift at 5am. But mostly because that camp's experience inspired the athletes to want more skiing and set the tone for a productive fall of hard training.

Does this sound like the experience you're looking for? If yes, check some of the skills and requirements below and hit <u>APPLY</u>. Let's get this thing started!

Offerings	Requirements
<ul> <li>Fair and competitive compensation package, including:         <ul> <li>Professional Development credit</li> <li>In house Pro-D sessions</li> <li>Cell phone allowance</li> <li>Extended health benefits</li> </ul> </li> <li>Close working relationship with Head coaches and Program director</li> <li>An enjoyable work environment with regular coach social activities.</li> <li>Leadership training</li> <li>Class 4 BC driver's licence incentive</li> </ul>	<ul> <li>ACA Perf level trained or int. Equivalent</li> <li>FIS racing experience</li> <li>Min 3 years coaching experience at a U16+</li> <li>Can demonstrate drills proficiently and ski hard all day</li> <li>Can carry 65 lbs on skis (gates, salt, gear)</li> <li>Clean Criminal record check</li> <li>Openness to learn!</li> <li>Telling a good joke!</li> </ul> Assets: <ul> <li>Strong technical understanding</li> <li>Experience with Speed and ski preparation</li> <li>Experience leading and delivering fitness sessions</li> <li>Strong written and spoken communicator</li> <li>Has given a presentation</li> </ul> BC Class 4 driver's licence <ul> <li>Knowledge of a second language</li> </ul>

VST aspires to be a leader in diversity in the alpine skiing world, and we want our coaching team to represent the diversity that we strive to have within our clubs. We welcome applications from anyone interested in coaching with us, regardless of race, colour, religion, sexual orientation, gender, gender identity or expression, disability, or age.

We recognize that some candidates may feel that they have gaps in their skills and experiences to meet this position, and we're willing to support the right person as needed to ensure their success and the success of our programs!

In support of your application, you can also send your resume and cover letter to Andrea Adorno at <a href="mailto:programs@grousetvee.com">programs@grousetvee.com</a>.

Thanks for your interest in coaching and growing with the Vancouver Ski Team! We look forward to hearing from you!