



VST Lead Coach Job Description - Core program

The Vancouver Ski Team (VST) is looking for a FIS Lead Coach for the 2022/23 season.

VST is a FIS program that supports athletes from 5 ski clubs from the Coast Zone (Grouse Tyee, Cypress, Mt. Seymour, Sasquatch and Mt. Washington) by offering 2 streams, Core and Extended, in which athletes can develop at their own pace and according to their own needs, goals, academic requirements and finances. The team is designed for racers ages 16+ who are interested in developing their fitness, skiing, racing and mental preparedness, along with their overall growth as a person. It caters to athletes with aspirations of qualifying for the BC Ski Team and anyone who wants to be the best skier they can be. The program continues to focus on improving, learning and reinforcing the FUNDamentals learned at the U16 level; however, it now encourages the athletes to be more independent and accountable about what they do to realise their goals. On and off the hill, the individuals' well being and personal growth are at the core of this program.

This is a year-round contract starting May 1st; it provides the opportunity to lead a FIS group and offers further leadership opportunities while running training sessions as well as attending race series independently.

Offerings	Requirements
<ul style="list-style-type: none">- Fair and competitive compensation package- \$1,000 towards Professional Dev- In house Pro-D sessions- Cell phone allowance- Extended health benefits - Close working relationship with Head coaches and Program director- An enjoyable work environment with regular coach social activities. - Class 4 BC driver's licence incentive	<ul style="list-style-type: none">- ACA Perf level trained or int. Equivalent- FIS racing experience- Min 3 years coaching experience at a U16+- Experience with Speed and ski preparation.- Strong written and spoken communicator- Experience leading and delivering fitness sessions- Strong technical understanding- Can demonstrate drills proficiently and ski hard all day.- Can carry 65lbs on skis (gates, salt, gear).- Clear Criminal record check- Openness to learn! - BC Class 4 driver's licence is an asset- Knowledge of a second language is an asset

VST aspires to be a leader in diversity in the alpine skiing world, and we want our coaching team to represent the diversity that we strive to have within our clubs. We welcome applications from anyone interested in coaching with us, regardless of race, colour, religion, sexual orientation, gender, gender identity or expression, disability, or age.

We recognize that some candidates may feel that they have gaps in their skills and experiences to meet this position, and we're willing to support the right person as needed to ensure their success and the success of our programs!

Come grow as a ski coach and take on the challenge of inspiring and developing the next generation of Canadian ski racers!

To apply, please read the job description below, fill out our application [here](#) and send your resume to Andrea Adorno at programs@grousetyee.com.



Role Description - Vancouver Ski Team (FIS) Lead Coach - Core program

Essential functions

- **Recognizing essence**
 - Ensuring time to reflect and connect with who you are.
 - Ensuring time to reflect and connect with what the club is.
 - Bring this into the following role
- **Alignment and execution**
 - **Build and deliver program** – for U19 athletes who want to experience FIS level ski racing and potentially continue into a higher performance program, and based on the *LTAD - Train to Race* stage of development.
 - **Create and maintain environment** - Ensuring athlete and staff well-being on and off the hill, while travelling, and during all events.
 - **Communicating and Relating** – Healthy, open communications of goals, objectives, progress of athletes and programs. Relate to the athletes in a healthy way to motivate and inspire.

Breakout - Services included, but not limited to, are:

1. **Programming - Development and Implementation** - In collaboration with VST Head coach:
 - a. Off-snow dryland
 - i. Plan, design and coordinate Dryland training programs
 - ii. Conduct fitness testing/evaluation/interpretation of results
 - iii. Book and run dryland training sessions.
 - iv. Maintain dryland training records. Deliver athlete reports and analysis.
 - b. On-snow Training
 - i. Plan and design U19 athlete YTP in accordance with Team goals and BC Alpine/ACA competition requirements.
 - ii. Maintain Mountain/ski areas relations as required
 - iii. Coordinate team training groups
 - iv. Run on-hill coaching and training sessions
 - v. Organise training camps
 - vi. Conduct program parent nights - communications
 - vii. Oversee and ensure on-hill safety measures.
 - viii. Maintain training records - attendance, runs, purpose, training method.
 - c. Manage and document athlete injury situation and return to snow programs
2. **Competition requirement** - In collaboration with VST Head coach:
 - a. Be knowledgeable of appropriate governing local, national and/or international rules and regulations for alpine ski racing.
 - b. Establish athlete/team selection criteria
 - c. Manage athlete and team selection
 - d. Administer athlete race quotas
 - e. Manage race entry procedures
 - f. Drive to/from race/training venues
 - g. Attend team captain/race meetings



- h. Communicate all race info to team
 - i. Manage/book hill space if needed
 - j. Set race courses for the ROC if needed
 - k. Organise and lead pre/post-season athletes' goals and evaluation meetings
 - l. Manage athlete program throughout the year (race selection)
 - m. Maintain athlete competition profiles
 - n. Supervise athletes off the hill as necessary
- 3. Equipment** - In collaboration with VST Head coach:
- a. Maintain Inventory records of all related program equipment (drills, gates, spare parts, bits, radios, tool kits, wax, etc.)
 - b. Manage/maintain/repair all club/program equipment
 - c. Submit to program director for purchasing new equipment
- 4. Administration** - In collaboration with VST Head coach:
- a. Develop necessary forms for administration of program
 - b. Create athlete/program calendar for events
 - c. Prepare annual budget for dryland program + on snow where necessary
 - d. Manage personal and club expenses
 - e. Attend necessary meetings - Club (parent/athlete/Sponsor/board) - Zone/division/national
 - f. Administer and communicate athlete code of conduct
 - g. Write reports to Program director monthly or as required during the winter months
 - h. Manage parent information packages
 - i. Communicate with parents to keep them informed and in good standing relations
 - j. Manage club/athlete awards
 - k. Provide race results updates to media if required
- 5. Staffing**
- a. In collaboration with VST Head coach, set and communicate staff performance objectives
 - b. Attend coaching staff performance reviews mid and postseason
- 6. General communication**
- a. Maintain regular communication with key stakeholders and VST Head coach to promote a fluidity between the programs as needed.
- 7. Professional development**
- a. Review technical videos and publications.
 - b. Attend professional development courses/seminars to upgrade or update personal skills - ACA - NCCP courses/update events - other coach education.