



Vancouver Ski Team (FIS) Assistant Coach Job Description

The Vancouver Ski Team (VST) is looking for a FIS Assistant Coach for the 2022/23 season.

VST is a FIS program that supports athletes from 5 ski clubs from the Coast Zone (Grouse Tyee, Cypress, Mt. Seymour, Sasquatch and Mt. Washington) by offering 2 streams, Core and Extended, in which athletes can develop at their own pace and according to their own needs, goals, academic requirements and finances. The team is designed for racers ages 16+ who are interested in developing their fitness, skiing, racing and mental preparedness, along with their overall growth as a person. It caters to athletes with aspirations of qualifying for the BC Ski Team and anyone who wants to be the best skier they can be. The program continues to focus on improving, learning and reinforcing the FUNdamentals learned at the U16 level; however, it now encourages the athletes to be more independent and accountable about what they do to realise their goals. On and off the hill, the individuals' well being and personal growth are at the core of this program.

This is a 5.5 or 6-month contract starting November 1st; it provides the opportunity to get experience at the FIS level and offers leadership opportunities while running training sessions independently.

Offerings	Requirements & helpful additions
<ul style="list-style-type: none"> - Fair and competitive compensation package - Professional development incentives and support toward personal professional goals - In house Pro-D sessions - Close working relationship with Head coaches and Program director - An enjoyable work environment with regular coach social activities. - Class 4 BC driver's licence incentive 	<ul style="list-style-type: none"> - Min ACA Development level trained or int. Equivalent. - FIS racing experience. - Min 3 years coaching experience at a U14 or U16 level. - Experience with Speed and ski preparation. - Can demonstrate drills proficiently and ski hard all day. - Can carry 65lbs on skis (gates, salt, gear). - Clear Criminal record check - References - Openness to learn! - Class 4 BC driver's licence is an asset - Knowledge of a second language is an asset

VST aspires to be a leader in diversity in the alpine skiing world, and we want our coaching team to represent the diversity that we strive to have within our clubs. We welcome applications from anyone interested in coaching with us, regardless of race, colour, religion, sexual orientation, gender, gender identity or expression, disability, or age.

We recognize that some candidates may feel that they have gaps in their skills and experiences to meet this position, and we're willing to support the right person as needed to ensure their success and the success of our programs!

Come grow as a ski coach and take on the challenge of inspiring and developing the next generation of Canadian ski racers!

To apply, please read the job description below, fill out our application [here](#) and send your resume to Andrea Adorno at programs@grousetyee.com.



Role Description - Vancouver Ski Team (FIS) Assistant Coach

Essential functions

- **Recognizing essence**
 - Ensuring time to reflect and connect with who you are in this role.
 - Ensuring time to reflect and connect with who the club is.
 - Bring this into the following functions:
- **Alignment and execution**
 - **Support program delivery** – based on the head coach's yearly training plan.
 - **Enrich Environment** – Support the athlete's need for growth and development.
 - **Communicate and Relate** – Foster and maintain a healthy communication channel between athletes and head coach. Relate to athletes in a healthy way.

Breakout

- **Your role as a Support**
 - Support the wellbeing of yourself and your athletes.
 - Ensure the YTP is being delivered to the athletes in a healthy and professional manner.
 - Run home training sessions as needed.
 - Drive athletes to and from races and training trips (possibly in a 15-passenger van)
 - Deliver drylands while on the road as required by the head coach.
 - Be in charge of ski tuning spaces. Coordinate, manage, assist the athletes.
 - Assist or lead morning on snow warm up as required by the head coach.
 - Perform goal setting sessions, pre, mid and post season with athletes.
 - Support with and attend parent expectation meetings, pre and post season as required by VST Head coach.
 - Participate in the annual report card evaluation process.
 - Assist and execute video analysis sessions.
 - Work hard on the hill! Setting courses, rope lines, shovelling, slipping, course work. Working hard to deliver the best and safest possible training conditions.
 - Assist the athletes through their challenges found within the learning process.
 - Attend Team Captain meetings as needed.
- **Your role as an Enricher.**
 - Embody the characteristics we want to see in our athletes. Lead by example.
 - Acknowledge the athletes for their presence & recognize their efforts.
 - Keep an awareness of safety – Personal, physical, and psychological.
 - Be aware of the balance in the athlete's environment. ie. work and purpose levels, Knowledge and playtime, and rest and recovery.
- **Your role as a Communicator**
 - Listen to understand. You are the connector between the head coach and the athletes, keeping this two-way communication channel open, healthy and flowing.
 - Help athletes best understand the technical concepts and plans laid out to them.