

# National Sport School (NSS) Alpine Sport Approval Standards and Process

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# About the NSS:

At the National Sport School, they provide a supportive learning environment to enable developing high performance athletes to mature as self-directed, life-long learners while pursuing excellence in sport. The National Sport School will enable elite athletes to achieve their secondary school goals while training and competing in Olympic sports. We believe that learning should be:

- personalized where curriculum more closely reflects life outside school
- relevant with connections to student-athlete's lives
- cross-curricular to more closely reflect our world
- flexible to accommodate the unique learning needs of students
- multi-dimensional to involve more than skills and content

The NSS is not for everyone and is <u>not</u> a necessity to participate in Alpine Ski Racing. However for some students the support that the NSS offers may be beneficial for their educational and athletic advancement. If you are having educational and athletic success while being based in your current educational facility, Alberta Alpine recommends you continue with your current arrangements.

# Alpine Criteria for Sport Approval:

Alberta Alpine has established the following benchmarks as the minimum performance standards for the sport approval process to allow for the application to the National Sport School Calgary.

- 1. Athletes must be active members of Alberta Alpine and an Alpine Canada Alpin club and are training in a full time high performance program.
- 2. Student athletes will require NSS sport criteria approval from Alberta Alpine at the beginning of every year that they plan to apply at the NSS.
- 3. All athletes will be evaluated off their performances from the current competitive season up to the deadline for NSS applications. Rankings will be shared with Winsport and the NSS to assist them with their selections. Result benchmarks are listed below.
- 4. All athletes will also be subject to a professional review of their ski skills, general athleticism, attitude and sport potential. This report will be completed by the athlete's club coach and reviewed by Alberta Alpine staff for accuracy. This evaluation will be shared with Winsport and the NSS to assist with their student selection.
- 5. Athletes outside of the set targets for each grade may be given approval to apply to the National Sport School from Alberta Alpine based on their state of physical maturity, injury status, level of athletic skill, future ski racing outlook and potential for talent transfer.



### Result Benchmarks:

### Grade 9:

• Athletes applying to enter Grade 9 the criteria is: the athlete is ranked in the top 10 Albertans for their year of birth in any of the provincial U14 races. Athletes from outside of Alberta will be evaluated by their respective PSO.

### Grade 10:

• Athletes applying to enter Grade 10 the criteria is: the athlete is ranked in the top 10 for their year of birth in the U16 provincial series points as of the NSS application deadline or two top 10 individual results in provincial series races. Athletes from outside of Alberta will be evaluated on performances at their respective U16 Provincial races.

#### Grade 11:

• Athletes applying to enter grade 11 the criteria is: the athlete is ranked in the top 10 for their year of birth in the U16 provincial series points as of the NSS application deadline or two top 10 individual results in provincial series races. Athletes from outside of Alberta will be evaluated on performances at their respective U16 Provincial races.

#### Grade 12:

• Athletes applying to enter grade 12 should contact Alberta Alpine to express their intent to attend the NSS. Their need for attendance at the school and their progress in the sport will be factors in approval to apply to the school.

#### Application process:

- Athletes will attain a NSS application package from Winsport or the NSS.
- Athletes and their parents will ensure they have achieved the minimum performance standards set by Alberta Alpine.
- Athletes will have their club coach fully complete and sign off on the NSS Alpine Athlete Review, which can be found on the Alberta Alpine website resource section under 'athletes'.
- Athletes will forward their completed NSS Alpine Athlete Review to Alberta Alpine for review and upon clarifying the information is accurate Alberta Alpine will return to the athlete with an endorsement of sport approval.
- The athlete may then complete their NSS application and submit with their NSS Alpine Athlete Review.
- The NSS and Winsport will then review the applications and invite some students to physical testing and interviews before their final selection of new students to the NSS.