

Approved by: Management

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# Alberta Alpine Ski Association

# Face & Back Protection Memorandum

### **Slalom Face Protection**

Face Protection in the form of a chin guard will be mandatory and are required to be worn by all Alberta Alpine Ski Association (AASA) registered racers including u14, u16, u18, u21, Masters and FIS athletes when competing in Slalom (SL) and Alpine Combined (Slalom run only) events.

All athletes including U14, U16, U18, U21, Masters categories attending AASA sanctioned SL and AC (SL run only) national point races hosted by AASA member clubs will be required to wear face protection in the form of a chin guard. Clubs hosting events are required to publish these rules on all race notices. Athletes not adhering to the above rule will be categorized Not Permitted to Start (NPS).

All AASA led training and competition projects will require athletes to adhere to standards as listed above.

## Back Protection (GS/SG/DH/AC/SX)

#### FIS Definition

The back protector is an additional item of equipment, which protects the athletes back against weather and external forces (p.11, Specifications for Competition equipment edition 2017/2018)

#### FIS Specification

The back protector must adapt to the anatomical bend of the athlete's spine and lie flat against the body. The top edge of the back protector must be situated in the area of the spinal column and may not go above the 7th cervical vertebrae (C7). The maximum thickness must be in the middle part and may not exceed 45 mm; the thickness reduces at the edges of the back protector. Designs with the view to improve aerodynamic properties are forbidden. The back protector must be worn underneath the competition suit. (p.11, Specifications for Competition Equipment edition 2017/2018)

Back Protection in the form of a Back Protector will be mandatory and are required to be worn by all AASA registered racers including u14, u16, u18, u21, Masters and FIS athletes when competing in SX, GS, SG, DH, AC (Speed run only) events. AASA strongly recommends that athletes wear back protection in SL but is not mandatory.

All athletes including U14, U16 U18, U21, and Masters Categories attending AASA sanctioned SX, GS, SG, DH, AC (Speed run only) national point races hosted by AASA member clubs will be required to wear back protection in the form of a back protector. Clubs hosting events are required to publish these rules on all race notices. Athletes not adhering to the above rule will be categorized Not Permitted to Start (NPS).

All AASA led training and competition projects will require athletes to adhere to standards as listed above.