

AST

# ALBERTA SKI TEAM



# 2019/2020 AST WOMEN'S TEAM ROSTER



ASHLEIGH  
ALEXANDER

COCHRANE, AB  
1ST PLACE FINISH NOR-AM CUP,  
JACKSON WY



KIKI ALEXANDER

COCHRANE, AB  
U19 NATIONAL SLALOM  
CHAMPION



CHARLIE COMEAU

COLLINGWOOD, ON  
6 TOP 10 FINISHES IN 2018/19  
SEASON, ONE AT NATIONAL  
CHAMPIONSHIPS



# 2019/2020 AST WOMEN'S TEAM ROSTER



CASSIDY GRAY

CALGARY, AB  
NAMED TO CAST  
DEVELOPMENT TEAM FOR  
2018/19 SEASON



ALYSSA HILL

CALGARY, AB  
3RD PLACE FINISH GS NATIONAL  
CHAMPIONSHIPS



TORA HOSHIZAKI

EDMONTN, AB  
DOUBLE SLALOM WIN  
NORQUAY FIS SERIES 2018



# 2019/2020 AST WOMEN'S/MENS TEAM ROSTER



CLAIRE  
TIMMERMANN

CALGARY, AB  
U19 SUPER G NATIONAL  
CHAMPION



CAEDEN  
CARRUTHERS

FREDERICTON, NB  
CURRENTLY RANKED 9TH IN  
THE WORLD IN SG FOR YOB



JAMIE CASSELMAN

CRANBROOK, BC  
CANADIAN DEVELOPMENT  
TEAM ATHLETE 2018/19



# 2019/2020 AST MEN'S TEAM ROSTER



**GAVIN DONALD**

VERNON, BC  
10 TOP TEN FINISHES IN  
2018/19 SEASON



**DEVIN  
MITTERTREINER**

CALGARY, AB  
TWO TOP 15 FINISHES AT  
NATIONAL CHAMPIONSHIPS IN  
SL AND SG



**ANGUS MUSGRAVE**

CALGARY, AB  
HAS ACHIEVED A LOT IN  
HEIGHT, STANDING AT 6'5"



# 2019/2020 AST MEN'S TEAM ROSTER



KOSTANTIN  
PETKOVIC

VANCOUVER, BC  
NINE TOP 5 FINISHES IN  
2018/19 SEASON



# AST IMPORTANCE

- The Alberta Ski Team is extremely important to the development of alpine ski racing in Alberta and Canada
- The AST is a program that young athletes can aspire to, and is the stepping stone to CAST and NCAA pathways



“The AST is designed to provide the opportunity to grow as athletes and people. The coaching staff is determined to make us the hardest working team in Canada, as well as the best educated. We take S&C integrated classes in cooking, nutrition, and sports psychology to provide us with the resources we need to be successful in our sport. Our team energy is great, we work together to push each other to be great in every aspect of our lives!”

- CLAIRE TIMMERMANN + ASHLEIGH ALEXANDER

ASXT

# ALBERTA SKI CROSS TEAM



# 2019/2020 ASXT WOMEN'S TEAM ROSTER



MARA BISHOP

CALGARY, AB  
TOP 15 2019 WORLD JUNIOR  
CHAMPIONSHIPS



SARAH CLARKE

CALGARY, AB  
TOP 10 2019 WORLD JUNIOR  
CHAMPIONSHIPS



ALEXA VELCIC

CALGARY, AB  
3RD PLACE 2017 WORLD  
JUNIOR CHAMPIONSHIPS



# 2019/2020 ASXT MEN'S TEAM ROSTER



ALEX RUBINOFF

TORONTO, ON  
TWO FIS PODIUM FINISHES



ANDREW WILSON

CANMORE, AB  
FORERUNNER LAKE LOUISE  
WOMEN'S WORLD CUP



CALLUM MCEWEN

EDMONTON, AB  
FOUR NOR-AM PODIMS



# 2019/2020 ASXT MEN'S TEAM ROSTER



PHIL TREMBLAY

CALGARY, AB  
8TH PLACE 2018 WORLD  
JUNIOR CHAMPIONSHIPS  
3RD OVERALL 2019 NOR-AM  
CUP



RYAN WEBSTER

CALGARY, AB  
3RD PLACE 2019 CANADIAN  
CHAMPIONSHIPS



REECE RALPH

OAKVILLE, ON  
2019 JUNIOR NATIONAL  
CHAMPION



# 2019/2020 ASXT MEN'S TEAM ROSTER



ZAC REYNOLDS

OTTAWA, ON



# WHY ASXT?

- Removal of Development Team at ACA presented the opportunity for AASA to provide a pathway to CSX
- Formalize an avenue for alpine athletes to transition to high-performance SX programming
- Presents the ability to balance athletics and academics
- Share facilities and knowledge with AASA SX clubs and coaches
- Promote SX venues as training tools for all athletes



# GOALS FOR THE ASXT

- Qualify roster to the Canadian Ski Cross Team for the 2020/21 season
- Increase recognition of ski cross
- Promote and expand ski cross provincially and nationally
- Provide knowledge and guidance to AASA clubs
- Be the BEST provincial ski cross team in Canada!



# ASXT CRITERIA

- Formal criteria to be developed throughout the 2019/20 season
- Ideal athletes are proficient GS skiers with good speed development
- Demonstrate air awareness and free ski skills
- Competitive at spring Sunshine Skills ID Camp



# ASXT CALENDAR

- Saas Fee, Switzerland, Fall Camp Sept 11-24
- Canyon Ski Resort, FIS Comp Dec 2-4
- Canyon Ski Resort, Nor-Am Cup Jan 9-12
- Nakiska Ski Area, World Cup (forerun) Jan 17-18
- Nakiska Ski Area, Nor-Am Cup Jan 21-22
- Calabogie Peaks, ON, Nor-Am Cup Jan 30-31
- Gore Mountain, NY, Nor-Am Cup Feb 3-7
- Holiday Valley, NY, Nor-Am Cup Feb 10-12
- Ski Cooper, CO, Nor-Am Cup Feb 21-25
- Copper Mountain, CO, Nor-Am Finals Apr 3-8
- Sunshine Village, Spring Camps, Apr-May (TBD)



# THANK YOU

