

## 2019/2020 AST WOMEN'S TEAM ROSTER







#### ASHLEIGH ALEXANDER

COCHRANE, AB 1ST PLACE FINISH NOR-AM CUP, JACKSON WY

#### KIKI ALEXANDER

COCHRANE, AB
U19 NATIONAL SLALOM
CHAMPION

#### **CHARLIE COMEAU**

COLLINGWOOD, ON 6 TOP 10 FINISHES IN 2018/19 SEASON, ONE AT NATIONAL CHAMPIONSHIPS



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**CASSIDY GRAY** 

CALGARY, AB
NAMED TO CAST
DEVELOPMENT TEAM FOR
2018/19 SEASON

**ALYSSA HILL** 

CALGARY, AB
3RD PLACE FINISH GS NATIONAL
CHAMPIONSHIPS

#### TORA HOSHIZAKI

EDOMOTN, AB
DOUBLE SLALOM WIN
NORQUAY FIS SERIES 2018



# 2019/2020 AST WOMEN'S/MENS TEAM ROSTER







#### CLAIRE TIMMERMANN

CALGARY, AB U19 SUPER G NATIONAL CHAMPION

#### CAEDEN CARRUTHERS

FREDERICTON, NB CURRENTLY RANKED 9TH IN THE WORLD IN SG FOR YOB

#### **JAMIE CASSELMAN**

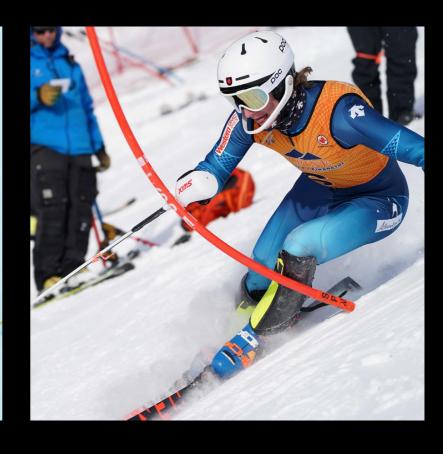
CRANBROOK, BC CANADIAN DEVELOPMENT TEAM ATHLETE 2018/19



## 2019/2020 AST MEN'S TEAM ROSTER







#### **GAVIN DONALD**

VERNON, BC 10 TOP TEN FINISHES IN 2018/19 SEASON

#### DEVIN MITTERTREINER

CALGARY, AB
TWO TOP 15 FINISHES AT
NATIONAL CHAMPIONSHIPS IN
SL AND SG

#### **ANGUS MUSGRAVE**

CALGARY, AB
HAS ACHIEVED A LOT IN
HEIGHT, STANDING AT 6'5"



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#### KOSTANTIN PETKOVIC

VANCOUVER, BC NINE TOP 5 FINISHES IN 2018/19 SEASON



# AST IMPORTANCE

- The Alberta Ski Team is extremely important to the development of alpine ski racing in Alberta and Canada
- The AST is a program that young athletes can aspire to, and is the stepping stone to CAST and NCAA pathways



"The AST is designed to provide the opportunity to grow as athletes and people. The coaching staff is determined to make us the hardest working team in Canada, as well as the best educated. We take S&C integrated classes in cooking, nutrition, and sports psychology to provide us with the resources we need to be successful in our sport. Our team energy is great, we work together to push each other to be great in every aspect of our lives!"

- CLAIRE TIMMERMANN + ASHLEIGH ALEXANDER

# ALBERTA SKI CROSS TEAM





# 2019/2020 ASXT WOMEN'S TEAM ROSTER







**MARA BISHOP** 

CALGARY, AB
TOP 15 2019 WORLD JUNIOR
CHAMPIONSHIPS

SARAH CLARKE

CALGARY, AB
TOP 10 2019 WORLD JUNIOR
CHAMPIONSHIPS

**ALEXA VELCIC** 

CALGARY, AB
3RD PLACE 2017 WORLD
JUNIOR CHAMPIONSHIPS



## 2019/2020 ASXT MEN'S TEAM ROSTER







**ALEX RUBINOFF** 

TORONTO, ON TWO FIS PODIUM FINISHES

**ANDREW WILSON** 

CANMORE, AB FORERUNNER LAKE LOUISE WOMEN'S WORLD CUP

**CALLUM MCEWEN** 

EDMONTON, AB FOUR NOR-AM PODIMS



# 2019/2020 ASXT MEN'S TEAM ROSTER







PHIL TREMBLAY

CALGARY, AB
8TH PLACE 2018 WORLD
JUNIOR CHAMPIONSHIPS
3RD OVERALL 2019 NOR-AM
CUP

RYAN WEBSTER

CALGARY, AB
3RD PLACE 2019 CANADIAN
CHAMPIONSHIPS

**REECE RALPH** 

OAKVILLE, ON 2019 JUNIOR NATIONAL CHAMPION



# 2019/2020 ASXT MEN'S TEAM ROSTER



**ZAC REYNOLDS** 

OTTAWA, ON



### WHY ASXT?

- Removal of Development Team at ACA presented the opportunity for AASA to provide a pathway to CSX
- Formalize an avenue for alpine athletes to transition to high-performance SX programming
- Presents the ability to balance athletics and academics
- Share facilities and knowledge with AASA SX clubs and coaches
- Promote SX venues as training tools for all athletes



# GOALS FOR THE ASXT

- Qualify roster to the Canadian Ski Cross Team for the 2020/21 season
- Increase recognition of ski cross
- Promote and expand ski cross provincially and nationally
- Provide knowledge and guidance to AASA clubs
- Be the BEST provincial ski cross team in Canada!



### ASXT CRITERIA

- Formal criteria to be developed throughout the 2019/20 season
- Ideal athletes are proficient GS skiers with good speed development
- Demonstrate air awareness and free ski skills
- Competitive at spring Sunshine Skills ID Camp



#### ASXT CALENDAR

- Saas Fee, Switzerland, Fall Camp Sept 11-24
- Canyon Ski Resort, FIS Comp Dec 2-4
- Canyon Ski Resort, Nor-Am Cup Jan 9-12
- Nakiska Ski Area, World Cup (forerun) Jan 17-18
- Nakiska Ski Area, Nor-Am Cup Jan 21-22
- Calabogie Peaks, ON, Nor-Am Cup Jan 30-31
- Gore Mountain, NY, Nor-Am Cup Feb 3-7
- Holiday Valley, NY, Nor-Am Cup Feb 10-12
- Ski Cooper, CO, Nor-Am Cup Feb 21-25
- Copper Mountain, CO, Nor-Am Finals Apr 3-8
- Sunshine Village, Spring Camps, Apr-May (TBD)



