



ALBERTA ALPINE
Inspiring Excellence

ALBERTA ALPINE SKI ASSOCIATION

COURSE SETTING RULES

December 2014

ALBERTA ALPINE SETTING RULES FOR CHILDRENS RACING 2014 - 2015



ALBERTA ALPINE
Inspiring Excellence

AGE	EVENTS	DUALS	KOMBI	SLALOM	GIANT SLALOM	SUPER G
U10 (ALL NZ/SZ NGSL races) 5-9 years old	VERTICAL DROP	60	100-120	100 MAX	120 MAX	USE GREEN LEVEL SX TRACK TO DEVELOP SKILLS. STARTS, TUCKING, GLIDING, JUMPING AND TERRAIN MANIPULATION.
	NUMBER OF GATES	SL 20-30 GS 15-20	25-30	20-25	25 MAX Turns	
	VERTICAL DISTANCE	SL 4-6M, GS 10-14M	SL 4-6M GS 12-16M	4-6M	14-18M PANELS	
	TYPE OF GATE	STUBBIES OR PANELS	STUBBIES AND PANELS	STUBBIES	PANELS	
	TURN SHAPE	1/2 TO 3/4	1/2 TO FULL	1/2 TO 3/4	3/4 TO FULL	
	COMBINATIONS	NONE	MIN . 4 SECTIONS	MULTI GATE COMBOS	NO DELAY GATES	
	NUMBER OF RUNS	MULTI	MULTI SINGLE RUN RACES	MULTI SINGLE RUN RACES	MULTI SINGLE RUN RACES	
	SNOWSTARS LEVEL	2,3,4	2,3,4	2,3,4	2,3,4	

ALBERTA ALPINE SETTING RULES FOR CHILDRENS RACING 2014 - 2015



ALBERTA ALPINE
Inspiring Excellence

AGE	EVENTS	DUALS	KOMBI	SLALOM	GIANT SLALOM	SUPER G
U12 (U12 Provincial races only) • Red Deer • Jasper • Norquay 10-11 Years old	VERTICAL DROP	60-80	140 MAX SL / GS	120 MAX	200 MAX	USE GREEN LEVEL SX TRACK TO DEVELOP SKILLS. STARTS, TUCKING, GLIDING, JUMPING AND TERRAIN MANIPULATION.
	NUMBER OF GATES	SL 25-35 GS 20	25 -30	20 - 40	26-36	
	VERTICAL DISTANCE	SL 5-8M GS 12-16M	SL 5-9M GS 14-18M	5-9 M	14 TO 20 M	
	TYPE OF GATE	STUBBIES OR PANELS	STUBBIES AND PANELS	STUBBIES OR JR GATES	PANELS	
	TURN SHAPE	1/2 TO 3/4	1/2 TO FULL	1/2 TO FULL	1/2 TO FULL	
	COMBINATIONS	NONE	MIN 5 SECTIONS	MULTI GATE COMBOS	1 DELAY PERMITTED	
	NUMBER OF RUNS	MULTI WITH TIMING	MULTI SINGLE RUN RACES	MULTI SINGLE RUN RACES	MULTI SINGLE RUN RACES	
	SNOWSTARS LEVEL	4,5,6	4,5,6,	4,5,6	4,5,6	
	SAFETY	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE	

ALBERTA ALPINE SETTING RULES FOR CHILDRENS RACING 2014 - 2015



ALBERTA ALPINE
Inspiring Excellence

AGE	EVENTS	DUALS	KOMBI	SLALOM	GIANT SLALOM	SUPER G
U14 12-13 Years old	VERTICAL DROP	80 - 100M MAX	140-200M (SL/GS) 250M (GS/SG)	100-160M	200-350M	250-450M
	NUMBER OF GATES	20-30	30 TURNS MIN. 10-12% (GS/SG)	32% -38% +/-3 OF VERT DROP	13-18% OF VERT DROP	8% -12% OF VERT DROP
	VERTICAL DISTANCE	SL 8-10M GS 18-20M	See ICR 608.12	7 -11 M, DELAY GATES 12-15M	16 M - 22 M **	30-40M **
	TYPE OF GATE	FULL GATE OR PANELS	STUBBIES, FULL AND PANELS	27MM	PANELS	PANELS
	TURN SHAPE	1/2 TO 3/4	ALL	ALL	3/4- FULL	FOR SPEED CONTROL
	COMBINATIONS	NONE	MIN 5 (SL/GS) 3-5 (SG)	2 HAIRPIN / 1 FLUSH MAX MULTI GATE COMBOS 1 DELAY	DELAYS PERMITTED RECOMMENDED BY AA	AS REQUIRED
	NUMBER OF RUNS	MULTI WITH TIMING	MULTI SINGLE RUN RACES	MULTI SINGLE RUN RACES	MULTI SINGLE RUN RACES	MULTI SINGLE RUN RACES
	SNOWSTARS LEVEL	4,5,6	4,5,6,	4,5,6	4,5,6	4,5,6
	SAFETY	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE

**** Recommended by AASA****

ALBERTA ALPINE SETTING RULES FOR CHILDRENS RACING 2014 -2015



ALBERTA ALPINE
Inspiring Excellence

AGE	EVENTS	DUALS	KOMBI	SLALOM	GIANT SLALOM	SUPER G
U16 14-15 Years Old	VERTICAL DROP	80 - 100M MAX	140-200M SL/GS 250 M GS/SG	100-160M	200-350M	250-450M
	NUMBER OF GATES	SL 20-30 GS 20	30 Turns MIN SL/GS 10%-12% GS/SG	32% -38% +/-3 OF VERT DROP	13% -18% OF VERT DROP	8% -12% OF VERT DROP
	VERTICAL DISTANCE	SL 8-10M GS 18- 20M	ICR 608.12.3.3 MIN 30 TURNS	7-11 M, DELAY GATES 12-15M	27M MAX	35 - 50 M **
	TYPE OF GATE	FULL GATE OR PANELS	STUBBIES, FULL AND PANELS	27MM	PANELS	PANELS
	TURN SHAPE	1/2 TO 3/4	ALL	ALL	ALL	SPEED CONTROL
	COMBINATIONS	NONE	SL/GS 5 SECTIONS GS/SG 3-5 SECTIONS	3 HAIRPIN / 2 FLUSH MAX / 1-3 DELAYS	DELAYS PERMITTED	DELAY 15 M MIN - 25 M MAX
	NUMBER OF RUNS	MULTI WITH TIMING OR KNOCKOUT	MULTI SINGLE RUN RACES & 2 RUN RACES	TRADITIONAL FORMAT	TRADITIONAL FORMAT	MULTI SINGLE RUN RACES
	SNOWSTARS LEVEL	7	7	7	7	7
	SAFETY	HEAD,MOUTH AND SPINE	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE	HEAD, MOUTH AND SPINE

**** Recommended by AASA****