



Approved By: Board of Directors

Effective Date: January, 2011

Updated: July, 2015

Alberta Alpine Ski Association

Policy Title

2.8 Helmet and Safety Gear Use for Alberta Alpine Membership

Policy Objective

Mitigate risk for head and other significant injuries on the ski hill for all Alberta Alpine members.

Procedure

It is recognized that the on snow environment in which our entire membership works and participates in has many risks associated with it, including but not limited to skiing at high speed, demonstrating technical elements in gates or in drills, setting up or managing training and race venues as well as being hit by others on the hill.

Athletes are required to wear certified alpine racing helmets at all times as per Alpine Canada and FIS specifications. In addition Alberta Alpine highly recommends the use of mouth guards and spine protection for all ages and abilities. Some clubs are now making it mandatory for their coaching staff to wear helmets while on the hill as a preventative measure. Participants are becoming increasingly exposed to legal action as a result of on hill training and/or competition related accidents.

Alberta Alpine also recommends the use of an appropriate ski helmet by all participating members who are working or participating at an Alpine Canada Alpin or Alberta Alpine sanctioned on snow program or event.

Scope

All employees and members of Alberta Alpine.

Related Policies